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# RapidArc

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CAMPS Meeting  
June 24, 2010

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# RapidArc Parameters

- To deliver a treatment, three parameters are varied:
    - Dose- by moderating dose rate or gantry speed
    - Gantry angle
    - MLC shape
  - Clinac moves gantry at maximum speed as much as possible to minimize treatment time
  - Dose rate is moderated before gantry speed
  - MLC shape is determined by gantry position
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# Delivery Control

- Delivery is controlled by a series of control points which describe the arc
    - Maximum of 177 control points
    - Each can be thought of as a partial arc segment
    - Each control point knows:
      - Maximum Dose Rate
      - Maximum Gantry Speed
      - Number of MU
      - Starting and ending MLC aperture
  - System calculates a linear trajectory varying parameters from starting to ending aperture
    - MU and Gantry angle are monitored 20x/sec.
    - Dose rate or gantry speed will be adjusted as needed
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# RapidArc STT Files

- Each RapidArc uses two STT files
    - Dose versus Gantry angle
    - Gantry angle versus MLC shape
    - MLC controller controls MLC vs gantry
    - Linac controller controls gantry vs MU
  - RapidArc must be moded up through 4DITC so the STT's are transferred correctly
    - Treatment cannot be delivered in Service or through the linac controller
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# Machine QA Files Provided by Varian

- DMLC Dosimetry- narrow mlc slit to test effect of gravity on leaf position and dosimetry
  - Picket Fence vs gantry angle to assess accuracy of DMLC positioning-
    - Stationary and while delivering RapidArc
    - Picket Fence with intentional errors to assess sensitivity of test
  - Control of dose rate and gantry speed during delivery
    - 7 combinations of dose rate, gantry range and speed to give equal dose to each strip
  - Control of leaf speed during delivery
    - 4 combinations of leaf speed and dose rate to give equal dose to each strip
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# Treatment

- RapidArc has a special beam icon on 4D and special treatment type on Clinac Console for RTT verification.
  - Once a field is moded up, MLC's move with gantry rotation
  - No Beam Holds for leaf position catch-up.
    - MLC interlock is invoked requiring RTT action to resume Treatment (clear interlock and Beam ON)
  - An interrupted treatment restarts from original start angle
    - Beam ON, gantry rotates, MLC's move, beam turns on when interrupted gantry angle is reached
  - Backup timer is too short
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# Planning

- Don't be fooled by familiar Optimization GUI
  - Optimizer works directly on machine parameters
    - No fluence pattern or separate LMC
    - Optimize then calculate using AAA
  - Five Resolution levels
    - 10 angles for first level (low resolution)
    - $2n+1$  for subsequent levels
    - Maximum of 177 control points
  - Optimization
    - Lower resolution levels have more flexibility to make big changes
    - Allow optimization to complete resolution 1 and 2 to maximize critical structure protection
    - Refine critical structures (Level 3)
    - Work on Targets last (Level 5)
    - NTO
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# Planning

- Fields

- 1-10 arcs may be utilized in a plan
- CW or CCW
- 30 deg minimum arc
- 1500 deg maximum total arc
- Segments may be avoided
- Collimator angle 35-45 deg is common

- IMRT planning paradigm won't work

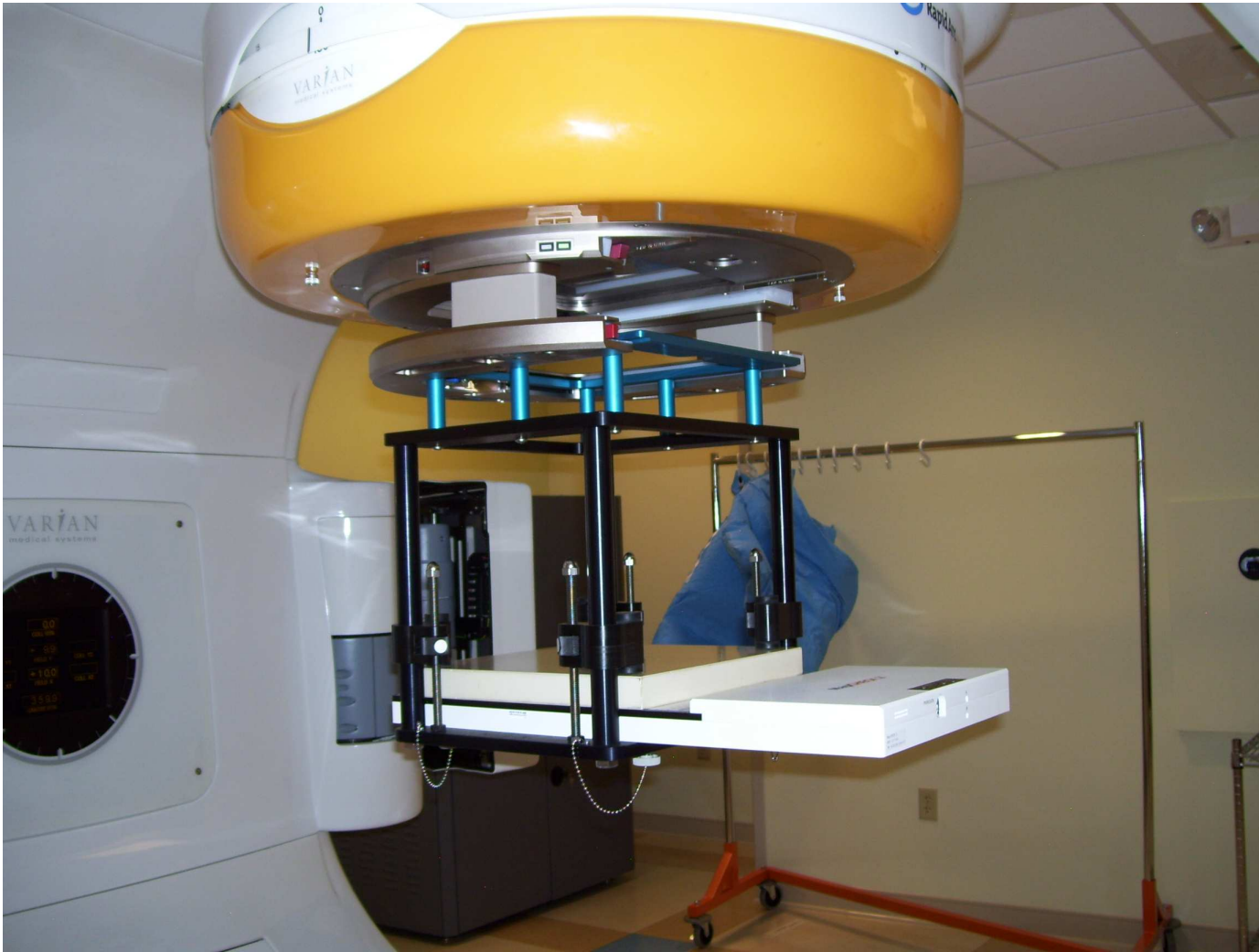
- Use Tips and Tricks from Varian
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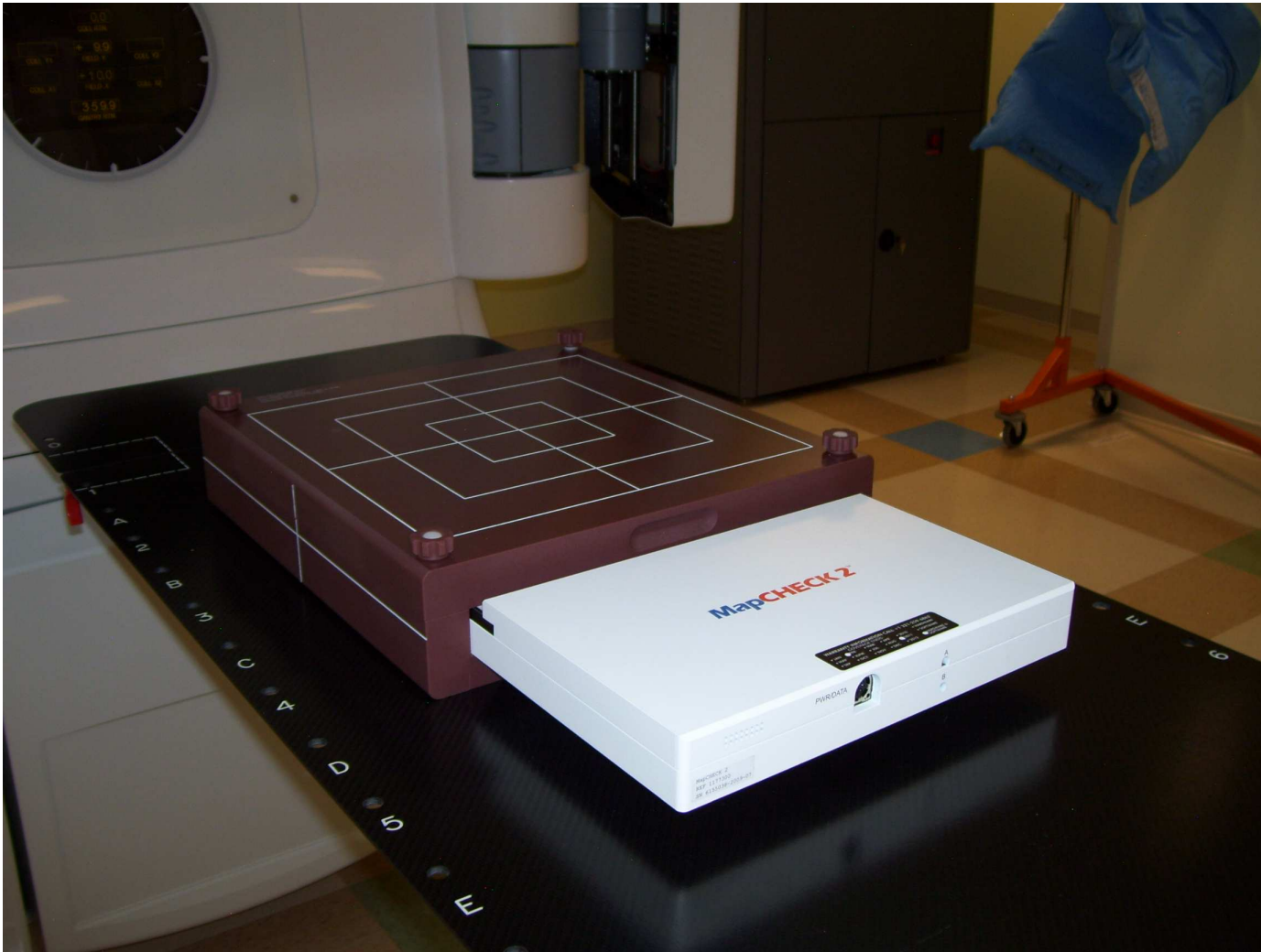


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# Verification

- Similar process to IMRT plan verification
  - Verification Plan Creation
    - Use the same gantry rotation as the clinical plan
    - Select the option to reset beams to gantry zero
  - Verification Plan Delivery
    - Deliver using full rotation
  - If you have a planar detector like Mapcheck or a fancy rotational detector, use the first option
  - If you have an isocentric gantry mount, use the option to reset beam to zero gantry
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# Tour Time

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