

Hot Topics in SRS: Small Field Dosimetry & Other Treatment Uncertainties

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Lecture in Two Parts





SRS DOSIMETRY



Outline

- 1. What is a Small Field?
- 2. Small Field Reference Dosimetry
- 3. Output Factors/Total Scatter Factors
- 4. PDD/TPR
- 5. OAR and volume averaging of detectors
- 6. Dose rate dependence



WHAT IS A SMALL FIELD?



Small Field Targets

- SBRT (typically on linac with MLC):
 - Lung mets are smallest tumor treated
 - 2 cm x 2 cm PTV lower limit
 - Equivalent to 4 MLC leaf pairs (except HD MLCs)
- SRS (in CNS, typically cones):
 - Trigeminal neuralgia/functional Tx (Ø 4 mm)
 - Largest brain met: 40 mm in diameter
 - Human Vertebral body: 28 mm (H) x 45 mm (W)



Smallest Measured Field at Commissioning

- Linac with MLC:
 - ~2000: 4 cm x 4 cm
 - ~2006: 3 cm x 3 cm
 - ~2010: 2 cm x 2 cm
 - ~2012: 0.5 cm x 0.5 cm
- Cones:
 - GK:4 mm 16 (18) mm
 - BrainLab:4 mm 50 mm
 - CK:4 mm 75 mm (across all SADs)
- AAPM TG-106: \leq 4 cm x 4 cm
- 4 cm x 4 cm <u>VERY</u> different from 0.5 cm x 0.5 cm!



SMALL-FIELD REFERENCE DOSIMETRY



Reference Dosimetry: The IAEA concept



Alfonso et al, Med Phys (2008), 5179 ©Sonja Dieterich



TG-51 in FFF Beams

- CyberKnife and Tomotherapy
- Linacs:
 - Siemens (Bayouth 2007)
 - Elekta (Georg 2009)
 - Varian (Vassiliev 2006)
- Kalach & Rogers, Med Phys 30 (2003) 1546
- TG51 is using %dd(10)_x





Length of Reference Chamber in FFF



- Dose flatness sufficient for Farmer-type chamber?
- Kawachi et al, Med Phys (2008) 4591
- Option1: cross calibrate a short chamber with Farmer-type chamber
- Option 2: Use Farmer with mathermaticated rection



Small Reference Chamber Selection

- Irradiation conditions are different from typical reference conditions
- Small volume chambers have higher ratio of stem to irradiated volume
- Characteristics needed:
 - Stability of current as function of (continuous) irradiation time
 - Current as function of voltage
 - Current as function of polarity
- Reference:



Assessment of small volume ionization chambers as reference dosimeters in high-energy photon beams

M Le Roy, L de Carlan, F Delaunay, M Donois, P Fournier¹, A Ostrowsky, A Vouillaume¹ and J M Bordy



Independent Output Check

- Absolutely necessary before treating a patient!
- Too many misadministrations based on reference dosimetry gone wrong
- E.g. use TLD service
- Peer review



Person Irradiating TLD, if different from above: Name Lei Wang Phone: (610 923 478/ For questions regarding TLD irradiation, if different from above: Name Lei Wang Name Lei Wang Phone: () 56/114					
MACHINE: CyberKnife	IRRADIATION SET-UP FOR BLOCK: #5942				
In-House Designation: CK 1	Date Irradiated (mm/dd/yyyy):				
Serial #:	MU (time) set at console: <u>}ec mu (min)</u>				
Energy:6 MV X-rays	Net Beam on: mu (min)				
Beam Quality: TMR 10 or % dd(10)x6	Distance to top of RPC's folding plastic platform: (NOT to top of TLD) <u>78.5 cm</u>				
DESCRIBE YOUR CALIBRATION PROCEDURE					
Distance from source to your output specification point = 30 cm (see instructions) 2610 Output at this point for a 6 cm cone at time of TLD irradiation = 1.52 (Gv/mu (cGv/min.)					
Output stated above is (check one): Output stated above is (check one): Output stated above is (check one): Output is specified at: (check one): Daily check reading (day of TLD irradiation) Ø SSD =cm Ø Ion chamber calibration (day of TLD irradiation) At depth of (check one): Max =cm Ø Muscle (RPC standard for dose prescription If other depth, provide TPR (or TMR) at dmax = Water is absorbed dose to muscle) AND TPR (or TMR) at other depth =					
Calibration Protocol (check one)					
Dose to output specification point for MU (time) setting given above =CGy For Co-60 only, date dose is exact (mm/dd/yyyy):/					



OUTPUT (TOTAL SCATTER) FACTORS



Experimental Setup Consistency I

- Beam lasers are not exactly on central axis
- Detector manufacturing uncertainties
- Method:
 - Do cross-profile scan
 - Set detector to maximum profile in either direction
 - Repeat cross profile scan





Experimental Setup Consistency II

- 3rd party device
- mMLC with backup jaws
- Jaw settings change field geometry
- Set jaws to reflect clinical plans



Das et al, MedPhys 35 (1)



Detector Selection for Output Factor

- In water
- Measure at depth (5 cm or 10 cm) because d_{max} =f(field size)
- Personal experience: diodes
 - + ~1 mm diameter
 - + Good size down to 5 mm beam
 - Some diode models degrade with dose
 - Energy-dependence
 - IDaisy-chain at 4 cm x 4 cm for 10 cm x 10 cm reference field Dieterich





OF: Which Diode is "Best"?



Dieterich & Sherouse, Medl^{©Sopia} Diete(ich)



Is the OF Measurement Correct?

- RPC published data sets
 JACMP Vol 13 (5) 2012
- CyberKnife MP has reference data set available in commissioning tool
- "Golden" beam data sets
- Literature

TABLE 2. The RPC-measured and institution treatment planning system-calculated small field size dependence output factor values for Elekta machines. The values in square brackets and parentheses beneath each energy for each field size value are the average absolute percent differences and standard deviations of the values, respectively. For each energy and field size, the number of measurements (accelerators) is also shown.

Field Size	Elek	ta 6 MV	Elekt	Elekta 10 MV		ta 18 MV
$(cm \times cm)$	RPC	Institution	RPC	Institution	RPC	Institution
10 imes 10	1.000	1.000	1.000	1.000	1.000	1.000
6×6	0.930 (0.010)	0.934 (0.009)	0.93 7 (0.004)	0.940 (0.005)	0.945 (0.002)	0.947 (0.003)
	[0 (n	.5%] =18)	[0. (1	.7%] n=6)	[0] (1	.3%] n=5)
4×4	0.878 (0.015)	0.888 (0.027) 3%]	0.890 (0.009)	0.891 (0.010)	0.901 (0.002)	0.918 (0.039) 4%]
	(n	=22)	(1	n=8)	(1	n=6)
3 × 3	0.842 (0.012)	0.848 (0.009)	0.857 (0.003)	0.862 (0.005)	0.861 (0.003)	0.863 (0.004)
	[0 (n	.9%] =17)	[0. (1	.6%] n=6)	[0] (1	.6%] n=4)
2×2	0.790 (0.007)	0.796	0.796	0.802	0.786	0.798
	[1 (n	6%] =17)	(1.005) [1. (1	.3%] 1=6)	(0.000) [2. (n	.4%] n=4)

Journal of Applied Clinical Medical Physics, Vol. 13, No. 5, 2012



Typical OF Values for 6MV

		10 x 10	6 x 6	4 x 4	3 x 3	2 x 2	1 x 1	.5 x .5
Elekta *	MLC	1	0.930	0.878	0.842	0.790	N/A	N/A
Varian *	MLC	1	0.921	0.865	0.828	0.786	N/A	N/A
BrainLab	mMLC		See Next Slide					
BrainLab	Cone	1	N/A	N/A	0.969	0.926	0.85	0.711
СК	Cone	N/A	1	0.997	0.993	0.974	0.911	0.709

- *JACMP Vol 13 (5) 2012:
- Elekta field size defined by secondary jaw that included an MLC
- Varian defined by tertiary MLC with jaws set to 10 x 10
- Wilcox and Daskalov, MedPhys 34 (6) 2007 for CyberKnife data

Values depend on *field shape* Values depend on *normalization field*



OF of mMLC is function of linac!

Variation of output factors of mMLC (m3) with the make and model of the medical linear accelerator

Square field size (mm²)

Output factor of mMLC (m3) installed at

	Siemens primus (H1)	Siemens primus (H2)	Varian clinac 2100 CD	Varian clinac 2300 C
6 × 6	0.612	0.621	0.661	0.650
12 × 12	0.800	0.808	0.786	0.810
18 × 18	0.859	0.869	0.847	0.865
24 × 24	0.881	0.889	0.874	0.889
30 × 30	0.895	0.904	0.884	0.906
36 × 36	0.904	0.916	0.906	0.913
42 × 42	0.913	0.925	0.917	0.925

J Med Phys 2007 32(1)

Up to 8% difference for smallest field across accelerators!



Other Suitable Detectors

- Micro-chambers
- Diamond Detectors
- Film
- TLD
- Gel
- ...

Do all of these give the same OF values?



Detector Response

- Francescon, Cora, Cavedon, Med Phys (2008) 504
- OF (= s_{c,p}) for 3 smallest CK cones:
 - 2 micro-chambers, PTW60012 diode, diamond detector
 - Measurements
 - Monte Carlo simulation
- MC:
 - Dependency of OF on FWHM of electron beam
 - Correction factors for detector response



MC-OF as Function of Electron-Beam FWHM



FIG. 5. True Monte Carlo $s_{c,p}$ as a function of the FWHM: the estimated $s_{c,p}^*$ allows the FWHM of the electron beam to be estimated for the Cyberknife system under investigation.

Point source assumption starts breaking down for 5 mm collimator! TABLE IV. Measured and MC-simulated $s_{c,p}$, for the four detectors and for the 5, 7.5, and 10 mm collimators, for the various FWHM of the Gaussian spatial distribution of the electron source.

		FWHM 1.4 mm	FWHM 1.8 mm	FWHM 2.2 mm	FWHM 2.6 mm
Coll 5 mm	Measured $s_{c,p}$	Simulated s _{c,p}	Simulated s _{c,p}	Simulated s _{c,p}	Simulated s _{c,p}
A16	0.614	0.669	0.643	0.611	0.585
PinPoint	0.613	0.661	0.636	0.607	0.582
Diode	0.710	0.757	0.732	0.704	0.679
Diamond	0.613	0.677	0.639	0.609	0.580
Coll 7.5 mm					
A16	0.801	0.809	0.808	0.799	0.792
PinPoint	0.798	0.805	0.802	0.795	0.789
Diode	0.852	0.757	0.850	0.843	0.842
Diamond	0.815	0.833	0.818	0.813	0.803
Coll 10 mm					
A16	0.859	0.874	0.870	0.860	0.857
PinPoint	0.858	0.867	0.865	0.860	0.857
Diode	0.895	0.909	0.896	0.890	0.886
Diamond	0.871	0.889	0.876	0.872	0.866



OF Correction Factor F_{corr}

- Detector response : F_{corr} = OF (MC) / OF (measured)
- Combine detector response with (small) FWHM correction to get s*_{c,p}

TABLE III. Estimated values of F_{corr}^* and $s_{c,p}^*$ for the 5, 7.5, and 10 mm collimators, for the four detectors.

	5	5 mm		7.5 mm		10 mm	
	F_{com}^*	s* c,p	$F_{\rm corr}^*$	s* c,p	F_{corr}^*	s* c,p	
A16	1.098	0.675	1.021	0.818	1.010	0.867	
PinPoint	1.107	0.679	1.027	0.819	1.014	0.870	
Diode	0.957	0.679	0.966	0.823	0.978	0.875	
Diamond	1.104	0.677	1.006	0.820	1.000	0.871	
Mean sc.p		0.677		0.820		0.871	
±2σ		±0.004		±0.008		±0.008	



Dosimetry: Variation in S_{c,p}

 Vicenza study for several detectors results in low uncertainty of OFs (if all corrections apply)
 (Francescon et al, Med Phys (2008) 504

 BANG gel measurement strong indication for OF correction factor
 Pantelis Med Phys (2008) 2312



Figure 20-2. Example of rapidly decreasing output factor with decreasing field size from CyberKnife[®] data. Composite data from several centers, measured by means of diode detectors and normalized to the 60 mm collimator output factor.



2012 Update with 9 Detectors

- Includes 9 detectors
- MC differs from TRS-398
- Effects of correction for several collimator systems

Table 1. Values of $k_{Q_{\rm max},Q_0}$ calculated by Monte Carlo simulation of the CyberKnife system and a reference Co-60 beam. For comparison, $k_{Q,Q0}$ extracted from TRS-398 using a hypothetical 100 × 100 mm² TPR20/10 converted using the method of Sauer (2009) from the measured TPR20/10 at 60 mm circular field size is shown, together with the difference between these two calculations.

Chamber	$k_{Q_{\rm msr},Q_0}$	$k_{Q,Q0}$ (TRS-398)	Difference (%)
PTW 30006 Farmer PTW 31014 PinPoint Exradin A12 Farmer NE 2571 Farmer	1.000 0.990 1.006 1.003	0.993 0.995 0.997 0.995	+0.7% -0.5% +0.9% +0.8%
PTW 31010 Semiflex	0.990	-	-

(Francescon et al, PMB 57 (2012) 3741)





Visualizing the Difference

CS



FIG. 3. Relative total scatter factors difference normalized to Monte Carlo [Araki (Ref. 8)]. The y-axis represents the relative total scatter factor differ-

Morin, MedPhys 40 (1), 2013





Heads-Up: Upcoming IAEA report

- IAEA Small Field Dosimetry Working Group
- Establishing correction factors for a range of detectors
- Not published yet



PDD/TPR in Small Fields

- Some detector dependence
 - Energy dependence?
 - Cax alignment?
- PDD <u>very</u> sensitive to water tank/CAX alignment!
- PDD/TPR conversion does not work well for small fields
- Measure TPRs directly if planning system requires
- Special small-field water tanks for TPR measurements



AAPM TG-106 Accelerator Beam Data Commissioning



OAR AND VOLUME AVERAGING



Placement of Reference Detector

• AAPM TG 106:

The reference detector may be positioned anywhere in the beam where it does not shadow the field detector for the entire area of programmed positions. For very small fields, where the reference detector may shadow the field detector, a time integration method could be used instead of the reference chamber. The field and reference detectors should be

- Ref detector above field
- Works well if above secondary collimation
- Alternate option: place below field detector
- Out of field: too much noise!





OAR Width vs. Detector Size

- Fields predominantly penumbra
- Penumbra = f(detector size)

TABLE IV. Comparison of the 80%-20% penumbra measured with EBT film, diode, and ion chamber. The standard deviation for all detectors is within ± 0.1 mm.

	80%-20% penumbra (mm)				
Collimator diameter (mm)	EBT film	Diode	Ion chamber		
5	2.09	2.05	2.4		
7.5	2.21	2.25	2.7		
10	2.55	2.55	2.85		
20	2.66	2.85	3.1		
30	2.74	3	3.2		
60	3.47	3.85	4.4		



Medical Physics, Vol. 34, No. 6, June 2007



OAR Volume Averaging

- Wuerfel, MIP 1,1 (2013)
- Volume averaging for finite detector
- FWHM will stay constant
- Choose smallest detector available!
- Detector : FWHM = 1:3
- Slow scan speed to increase signal-to-noise ratio





OAR: Energy Change Across Field

- Energy spectrum change across fields affects diodes
- Effect most pronounced for LARGE SRS fields

Morin, MedPhys 40 (1), 2013





FIG. 6. Dose profile measured at 1.5 cm depth and 80 cm SAD with the 5-mm cone normalized to the dose measured at the center of the field. Error bars are not shown to simplify the visualization. The gamma evaluation used acceptance criteria of 2% and 0.2 mm.

FIG. 7. Dose profile measured at 1.5 cm depth and 80 cm SAD with the 60-mm cone normalized to the dose measured at the center of the field. Error bars are not shown to simplify the visualization. The gamma evaluation used acceptance criteria of 2% and 0.2 mm.



A Word on Dose Rate Dependence

- Wuerfel, MIP 1,1 (2013)
- Hypothetical detector:
 - Assume dose rate dependence linear with dose/pulse
 - Max saturation loss at highest dose/pulse
- Assume 2 % saturation loss
- Effect is smaller than volume-averaging effect





Summary

Attribute	lonization chamber	Micro Chambers	Stereotactic Diodes	Diamond detector	Plastic Scintillator	Gels
Field size	≥ 2 cm x 2 cm	≥ 3 mm x 3 mm	≥ 3 mm x 3 mm	≥ 3 mm x 3 mm	≥ 3 mm x 3 mm	≥ 3 mm x 3 mm
Energy dependence	Use k _q to correct energy dependence	Use k _Q to correct energy dependence	Normalize at 4 cm ² for energy dependence	Almost none	Almost none	Depends on gel material
Drawbacks	Volume effect	Stem and cable effect, S/N ratio	Some models: Aging, dose rate	Weak dose rate dependence; availability	S/N ratio; temperature dependence; cable irradiation	Availability
Advantage	Familiarity/ Availability	Spatial resolution	Small size, availability	Near ideal	Small size	Spatial resolution



Conclusion

- Small fields require special techniques
- Guidance documents are becoming available
- Detector selection becoming larger (and coming down in price)
- Match detector/equipment to need
- Research detector performance
- Compare measurements to published data



THE OTHER UNCERTAINTIES

Disclaimer: This section is about the big picture, ongoing research, and ideas.



Radiosurgery Chain of Uncertainty





(Selected) SBRT margins from Literature

Paper	Target	Туре	Motion compensation	Margin
2009 Rusthoven	2009 Rusthoven Liver Phase 1 & 2	ABC	5 mm radial 10 mm cranio-caudal	
			Compression	7 mm radial 15 mm cranio-caudal
2006 Dawson	Liver	Phase 1 & 2	Free, breath-hold, compression	> 5 mm
2010 Timmermann	Lung	Phase 2	Free, breath-hold, compression, gating	≤ 5 mm radial ≤ 10 mm cranio-caudal
RTOG-0813	Lung	C	Free, breath-hold, compression, gating, tracking	 Helical scan: 5 mm radial 10 mm cranio-caudal 4DCT: 5 mm ITV Other methods per approval



What is an appropriate margin?

- Internal margin (IM or ITV):
 - Residual motion, deformation
- Setup margin (SM):
 - Ensures adequate clinical coverage
 - Includes all uncertainties
- Appropriate for hypofractionation





Type A and B

- Replaces "random" and "systematic"
- Type A evaluation method of evaluation of uncertainty by the statistical analysis of series of observations,
- Type B evaluation method of evaluation of uncertainty by means other than the statistical analysis of series of observations.



Margins – not your simple PTV anymore

• Margin recipes based on many fractions:

Van Herk et al, Target	2.5 Σ + 0.7 σ or (more	Minimum dose to CTV is 95% for 90% of
200043	correct):	patients. Analytical solution for perfect
	$2.5 \Sigma + 1.64 (\sigma - \sigma_p)$	conformation

- Small fraction number in SBRT requires adaptation
- Heijmen et al. adapted v Herk recipe for SBRT:
 - mean random error added to systematic error
- Gordon and Siebers (2007), proposes Alternative Method:
 - systematic << random error (AM1)</p>
 - weighted sum of AM1 when Systematic << random does not hold (AM1)</p>
- Herschtal, A., et al. "Calculating geometrical margins for hypofractionated radiotherapy." *PMB* 58.2 (2013): 319.



Herschtal Margin for SBRT

- Adjusted van Herk formula as lower limit
- Develops method for estimating upper limit
- Derives a model to interpolate between limits
- Verification using MC simulation
- Data generation:
 - MC to generate displacement data for 10,000 patients (max 0.5% standard error)
 - Generate Dose Population Histograms
 - Generate data for varying random & systematic errors, number of fractions





Radiosurgery Chain of Uncertainty





TPS Dose Calculation = Spatial Shift!





Radiosurgery Chain of Uncertainty





The Famous "Expert Users" Papers

- X expert users are given the same patient to contour
- Example of AVM (similar numbers in many papers)
- Agreement ratio • < 60%
- 50% time absolute positional shift > 2mm Sonja Di Interobserver variation of brain AVMs on DSA • D. R. BUIS et al.



Fig. 3. (a) Agreement ratio, defined as VOA/ECV for all six observers (AR₆) was <60% in all cases. (b) Ratio improved when all possible pairs of observers were compared; however, 76% remained at <60% of agreement. (c) In about 50\%, absolute positional shift was <2 mm between mutual individually contoured target volumes (TV) and between target volumes and center of mass of originally treated volume (OTV). (d) However, this shift may increase up to 12 mm.



Higher Accuracy Means Less Room for Uncertainty

- a) Isocentric, 1 cone
- b) Isocentric, 1 cone coverage 96.8%±4%
- (a) (b)STREET, ST (C) (d)

- c) Dynamic Conf. Arc
- d) Dynamic Conf. Arc coverage 78%±4.4%

©Sonja Di Interobserver variation of brain AVMs on DSA • D. R. BUIS et al.



More References on the Topic

The British Journal of Radiology, 77 (2004), 39–42 © 2004 The British Institute of Radiology DOI: 10.1259/bjr/68080920

Delineation of brain metastases on CT images for planning radiosurgery: concerns regarding accuracy

¹K SIDHU, MD, FRCPC, ²P COOPER, MD, FRCPC, ¹R RAMANI, PhD, ³M SCHWARTZ, MD, FRCPC, ¹E FRANSSEN, BSc, MSc and ¹P DAVEY, MD, FRCPC

Interobserver variations in gross tumor volume delineation of brain tumors on computed tomography and impact of magnetic resonance imaging

Caroline Weltens^{a,*}, Johan Menten^a, Michel Feron^b, Erwin Bellon^b, Philippe Demaerel^c, Frederik Maes^b, Walter Van den Bogaert^a, Emmanuel van der Schueren^a

Target delineation in post-operative radiotherapy of brain gliomas: Interobserver variability and impact of image registration of MR(pre-operative) images on treatment planning CT scans

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Autosegmentation Can Help

Phys. Med. Biol. 58 (2013) 4071-4097

doi:10.1088/0031-9155/58/12/4071

Segmentation editing improves efficiency while reducing inter-expert variation and maintaining accuracy for normal brain tissues in the presence of space-occupying lesions

> M A Deeley¹, A Chen², R D Datteri³, J Noble³, A Cmelak², E Donnelly⁴, A Malcolm², L Moretti⁵, J Jaboin^{2,6}, K Niermann², Eddy S Yang^{2,7}, David S Yu^{2,8} and B M Dawant³





- De novo, segmented edit, peer and self-edit
- Segmented edits remained closest to ground truth



Figure 4. Orthogonal views comparing group results from (a) *de novo*, (b) A_1 -edited, (c) selfedited, (d) peer-edited. The red arrows in the upper right (coronal section) of panel (a) point to the internal carotid arteries, which were often erroneously included as part of the optic chiasm in the *de novo* study as well as self- and peer-edited groups. In panel (a) the red contours are those of the A_1 while the other colors represent manual expert segmentations.









Accurate, but not precise



Precise, but not accurate

Accuracy and precision are NOT interchangeable

Images: http://en.wikipedia.org/wiki/Accuracy_and_precision ©Sonja Dieterich





Precision ≠ Resolution

http://www.istl.nist.gov



Repeatability: The closeness of the agreement between the results of successive measurements of the same measurand carried out under the same conditions of measurement

Reproducibility: The closeness of the agreement between the results of successive measurements of the same measurand carried out under changing conditions of measurement

Both are part of the concept of precision.

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Uncertainty: Parameter, associated with the result of a measurement, that characterizes the dispersion of the values that could reasonably be attributed to the measurand.





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